

Personal Best Education



Football Development Centre 2022/23

At Personal Best Leisure Centre - The Mountbatten School

Professional coaching for ages 6 to 15

**17:30 - 19:00
every Monday**



FA QUALIFIED COACHES



www.personalbesteducation.com

What the Football Development Centre is:

A 38-week bespoke developmental football programme with 5 key themes focussed on throughout the season:

1. Ball Retention & Building Possession
2. Attacking & Shooting
3. Passing & Receiving
4. Defending & Counterattacking
5. Small-sided games/Match play


Further information:

- Player journals to track development
- FA qualified coaching
- FIFA approved artificial pitch
- Takes place Monday's 17:30 – 19:00 weekly
- Pre-season parent evening
- Personal Best Kit (optional)

We give all new players the first 2 weeks free, so they can test it out before committing to the whole season

To express your interest please contact Luke Knight:

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