

Personal Best Education



Football Development Centre 2022/23

At Personal Best Leisure Centre - The Mountbatten School

Professional coaching for ages 6 to 15

**17:30 - 19:00
every Monday**



FA QUALIFIED COACHES



www.personalbesteducation.com

We are beginning our recruitment for the 2022/23 Football Development Centre season. We would like to invite all children in Year 1 and above to take part in a FREE TRIAL on the 6th and 13th June. The trial will take place at Personal Best Leisure Centre - The Mountbatten School, SO51 5SY (17:30 – 19:00).

What the Football Development Centre is:

A 38-week bespoke developmental football programme with 5 key themes focussed on throughout the season:

1. Ball Retention & Building Possession
2. Attacking & Shooting
3. Passing & Receiving
4. Defending & Counterattacking
5. Small-sided games/Match play

Further information:

- Player journals to track development
- FA qualified coaching
- FIFA approved artificial pitch
- Takes place Monday's 17:30 – 19:00 weekly
- Pre-season parent evening
- Personal Best Kit (optional)

To confirm your place on the Football Development Trial please contact Luke Knight:

 luke.knight@personalbesteducation.com

 07714783562



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