



Winter Term

COOPERATION – LEADERSHIP – RESILIENCE

Extra -Curricular Timetable



<i>After School (15:20-16:20)</i>	
MON	<ul style="list-style-type: none"> ➤ Badminton (£) – Sports Hall – EXT ➤ Taekwondo (£) – Dance Studio - EXT ➤ Year 9 Sports Leadership - HSY - Gym - Invite only ➤ Lower School Boys Football Training (8/9) – 3G/Field – AJS
TUE	<ul style="list-style-type: none"> ➤ Lower School Boys Rugby Training (7/8/9) – Field – IRE/BML/ERL ➤ Table Tennis(7/8/9/10/11) - Gym – CEE ➤ Lower School Boys & Girls Football Fixtures(Year 7 only) – SBS/SOE ➤ Upper School Girls Football Training(10/11) – Field - SOE ➤ Upper School Netball Academy Strength & Conditioning Boys/Girls(10/11) – S&C suite – TRN - Invite only ➤ Lower School Dance(7/8/9) – Dance Studio – NHR ➤ Lower & Upper School Netball Fixtures - HMS/RLR
WED	<ul style="list-style-type: none"> ➤ Lower School Boys & Girls Football Training(Year 7 only) – 3G/Field – SBS/AJS/SOE ➤ Upper School Netball Training (9/10/11) - Courts – HMS/AJP ➤ Upper School Boys Rugby Training (10/11) – Field – IRE/BML/ERL ➤ Upper School Football Academy Strength & Conditioning (10/11) – S&C suite – TRN - Invite only ➤ Upper School Dance(10/11) - Dance Studio – NHR ➤ Lower & Upper School Netball Fixtures - HMS/RLR
THU	<ul style="list-style-type: none"> ➤ Lower School Girls Football Training (8/9) – 3G/Field – HHN ➤ Upper School Rugby Academy Strength & Conditioning (10/11) – S&C suite – TRN - Invite only ➤ Lower & Upper School Netball Fixtures - HMS/RLR ➤ Indoor Cricket – Sports Hall – AOR ➤ Lower School Netball Training (7/8) - Courts – RLR/HSY
FRI	<ul style="list-style-type: none"> ➤ Upper School Boys Football Training (10/11) – 3G/Field – AJS/SOE ➤ Lower School(Year 7/8/9) Basketball(£) - Sports Hall – EXT ➤ Trampolining – Main Hall – AJP ➤ Fitness (£) – Fitness Suite – EXT ➤ Volleyball All Years – Gym - TRN

Staff Codes
SOE – Mr Osbourne
RLR – Mrs Lancaster
HMS - Mrs Mills
BML – Mr Marshall
NHR – Mrs Harper
HSY – Mrs Shirley
AJP – Ms Jupp
IRE – Mr Rice
TRN – Mr Robinson
AJS – Mr Samuels
HHN – Mrs Hartshorn
CEE - Mr Elvidge
ERL – Mr Ravenhill
AOR – Mr Oliver
SBS – Mr Browes
EXT – External coach