

# KICK OFF YOUR CAREER IN SPORT...

Combine your passion for football with a full-time education and development programme, and benefit from an outstanding learning and teaching experience which will push you to achieve your best and set you on the path to establishing yourself within the industry.



# Content:

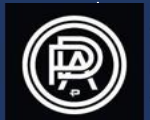
- Working in Partnership
- Your Education & Development
- Progression
- UCAS
- Football
- Careers



# IN PARTNERSHIP

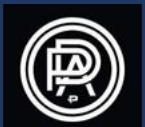
SCL are working in partnership with Pro:direct academy Southampton based at AFC Totton to bring you a full-time education and football development programme, empowering you to kick-start your career in the sports industry.

ESFA direct funded



# YOUR STUDY PROGRAMME

Whilst studying your qualification in sport and physical activity, you will participate in football training, game programmes, tutorials, work experience and, if applicable, English and maths.





# YOUR EDUCATION

## Education options:

- NCFE Level 3 diploma in sport and physical activity
- Level 2 diploma in sport
- Level 3 certificate in sport
- AS Psychology
- NCFE diploma in business
- Equivalent to 3 A levels
- Up to 168 UCAS points.

Where required on both options, students will study maths and English GCSE, or Functional Skills.

The qualification studied will be dependent on GCSE grades achieved by learner.



# UNITS/TOPICS

## **NCFE LEVEL 3 DIPLOMA/ EXTENDED DIPLOMA IN SPORT AND PHYSICAL ACTIVITY**

### **Units/Topics may include:**

- Sports coaching (Mandatory)
- Exercise, health and lifestyle (Mandatory)
- Technical and tactical skills in sport
- Analysis of sports performance
- Practical team sports
- Sports nutrition
- Psychology for sports performance
- Principles of anatomy and physiology
- The physiology of fitness
- Current issues in sport
- Fitness training and programming
- Leadership in sport
- Work experience in sport
- Business in sport
- Sport development
- Applied strength and conditioning

## **NCFE LEVEL 2 DIPLOMA IN SPORT**

- It is suitable for progression to Level 3 programmes
- It is a 1-year programme
- Learners will study 7 different units across 1 year
- 100% internally assessed through portfolio, coursework and practical assessment

## **NCFE LEVEL 3 DIPLOMA IN SPORT AND PHYSICAL ACTIVITY**

- This carries the same UCAS Tariff Points as 2 A-Levels or a BTEC National Diploma
- It is suitable for progression to HE Foundation Degrees in sport (or other subject areas)
- It is a 2-year programme
- Learners will study 12 different units across 2 years
- 100% internally assessed through portfolio, coursework and practical assessment

## **NCFE LEVEL 3 EXTENDED DIPLOMA IN SPORT AND PHYSICAL ACTIVITY**

- This carries the same UCAS Tariff Points as 3 A-Levels or a BTEC National Extended Diploma
- It is suitable for progression to HE degrees in sport (or other subject areas)
- It is a 2-year programme
- Learners will study 18 different units across 2 years
- 100% internally assessed through portfolio, coursework and practical assessment

# TIMETABLE

## YEAR 2 EXAMPLE

Time/Day:	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00
<b>Monday</b>	GCSE English 09:00-10:00 (1) Specialist	Main Aim (NCFE Level 3 Diploma/Cert) 10:00-13:00 (3) F2F			Sport and Excellence 13:00-15:00 (2)	
<b>Tuesday</b>	GCSE Maths 09:00-10:00 (1) Specialist	Main Aim (NCFE Level 3 Diploma/Cert) 10:00-12:00 (2) F2F	Sport and Excellence 12:00-14:00 (2)			
<b>Wednesday</b>						
<b>Thursday</b>	GCSE English GUIDED 09:00-10:00 (1) F2F	Main Aim (NCFE Level 3 Diploma/Cert) 10:00-12:00 (2) F2F	Sport and Excellence 12:00-14:00 (2)			
<b>Friday</b>	GCSE Maths GUIDED 09:00- 10:00 (1) Online	Tutorial 10:00-11:30 (1.5) Online	Break	Main Aim (NCFE Level 3 Diploma/Cert) 12:00-14:00 (2) Online		

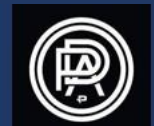




# TIMETABLE

## YEAR 1 EXAMPLE

Time/Day:	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00
<b>Monday</b>	GCSE English 09:00-10:00 (1) Specialist	Sport and Excellence 10:00-12:00 (2)		Lunch 12:00-13:00	Main Aim (NCFE Level 3 Diploma/Cert) 13:00-16:00 (3)		
<b>Tuesday</b>	GCSE Maths 09:00-10:00 (1) Specialist	PROJECT WORKSHOP		Sport and Excellence 12:00-14:00 (2) /		Main Aim (NCFE Level 3 Diploma/Cert) 14:00-16:00 (2) F2F	
<b>Wednesday</b>							
<b>Thursday</b>	GCSE English GUIDED 09:00-10:00 (1) F2F	PROJECT WORKSHOP		Sport and Excellence 12:00-14:00 (2) /		Main Aim (NCFE Level 3 Diploma/Cert) 14:00-16:00 (2) F2F	
<b>Friday</b>	GCSE Maths GUIDED 09:00-10:00 (1) Online	Main Aim (NCFE Level 3 Diploma/Cert) 10:00-12:00 (2) Online		Tutorial 12:00-13:30 (1.5) Online			



# PROGRESSION

- USA – Soccer Assist
- University
- Level 4 coaching  
Apprenticeship
- Full time work
- Gap year - Travel
- 3<sup>rd</sup> Year PT/Fitness  
instructor.
- Full-time Football



# PROGRESSION

## UNIVERSITY

**CONTINUE YOUR STUDIES TO HIGHER EDUCATION.**

**SUCCESSFUL COMPLETION OF YOUR PROGRAMME WILL PROVIDE YOU WITH THE OPTION TO APPLY FOR UNIVERSITY.**

**AS PART OF YOUR WEEKLY TUTORIALS, YOU WILL RECEIVE SUPPORT AND GUIDANCE WITH YOUR APPLICATION.**



## EMPLOYMENT

**HAVING SHOWCASED YOUR SKILLS, KNOWLEDGE & PERSONALITY THROUGH WORK EXPERIENCE AND DIRECT ENGAGEMENT WITH EMPLOYERS, YOU WILL BE PERFECTLY POSITIONED TO SECURE MEANINGFUL EMPLOYMENT UPON COMPLETION OF YOUR PROGRAMME.**



## APPRENTICESHIPS

**COMBINE FURTHER STUDY WITH EMPLOYMENT.**

**UPON COMPLETION OF YOUR PROGRAMME, YOU WILL BE ELIGIBLE TO APPLY FOR AN APPRENTICESHIP WITHIN THE SPORT AND LEISURE INDUSTRY.**



## FOOTBALL

**STUDYING WITH SCL PROVIDES YOU WITH AN OPPORTUNITY TO PLAY PROFESSIONAL OR NON-PROFESSIONAL FOOTBALL, AS WELL AS A PATHWAY TO A USA SCHOLARSHIP, ALLOWING YOU TO CONTINUE YOUR STUDIES WHILST TRAINING AND COMPETING AT A HIGH LEVEL.**



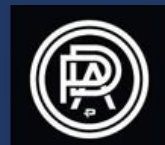
# BENEFITS

- Rehab programme
- Match analysis
- Work experience opportunities
- Secondary School coaching
- 2<sup>nd</sup> year trip
- University testing
- Lunch
- PDA Eleven
- PDA showcase events
- Discount codes
- AFCB/Southampton FC tickets



# PDA

- PATHWAYS & PARTNERSHIPS
- PDA BOOT VAN
- PERSONAL DEVELOPMENT PLANS
- TRAINING STRUCTURE/CYCLE
- FA Youth Cup
- Youth Development League
- Tactic League



# Non-Negotiables/Expectations

- TIME KEEPING
- RESPECT
- WORK ETHIC
- ORGANISATION
- RESPONSIBILITY





- Complete application
- Attend open training session
- Book interview with Hannah & Scott
- Receive conditional/unconditional offer.
- £200 registration fee includes kit
- GCSE results day (22<sup>nd</sup> August 2023)
- Enrolment W/C 26<sup>th</sup> August
- Term begins Monday 2<sup>nd</sup> September

# YOUR JOURNEY BEGINS HERE...





## Key Contacts:

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